



# SouthWest Winds

## Jesus Appears to Mary Magdalene

Mary stood outside near the tomb, crying. As she cried, she bent down to look into the tomb. She saw two angels dressed in white, seated where the body of Jesus had been, one at the head and one at the foot. The angels asked her, "Woman, why are you crying?"

She replied, "They have taken away my Lord, and I don't know where they've put him." As soon as she had said this, she turned around and saw Jesus standing there, but she didn't know it was Jesus. Jesus said to her, "Woman, why are you crying? Who are you looking for?"

Thinking he was the gardener, she replied, "Sir, if you have carried him away, tell me where you have put him and I will get him."

Jesus said to her, "Mary."

She turned and said to him in Aramaic, "Rabbouni" (which means teacher).

Jesus said to her, "Don't hold on to me, for I haven't yet gone up to my Father. Go to my brothers and sisters and tell them. I'm going up to my Father and your Father, to my God and your God."

Mary Magdalene left and announced to the disciples, "I've seen the Lord." Then she told them what he said to her.

*CEB: John 20, 11-18*

## A Letter to the Church at Gallup

Dear WPC Family,

As we move through the season of Lent and into Holy Week and Easter, I pray that you have taken some time to be more intentional about your faith. Have you spent time reading Scriptures? Were you able to get and follow along in the book we chose for our Lenten study, "God's Abundant Table"? Have you set aside a time for prayer each day? Are you thinking about the way your life embraces Christ?

The work of Lent is to take on the life of Jesus in deeper and more personal ways. It is a season of discipleship we can each enter into at home, at work, and in all the places of our daily lives. In this way, when the story of our Messiah reaches the gates of Jerusalem on Palm Sunday, we will be prepared to walk the final week of his life with him. We will gather in the upper room with him on Maundy Thursday for the last meal he shared with those he loved, we will scatter when he is arrested on Good Friday, we will be

able to witness his self-sacrificing love as he suffered the cross, and we will feel real wonder and joy at his rising from death to everlasting life. One of the messages of highest hope we have in Jesus comes out of his humanity. That he lived as a human, knew what it meant to be human, gives us the assurance that God our Creator is in no way distanced from us. God has feelings, too. I imagine, then, that there must be joy in God's heart when we take the time to come closer to God, to understand what God knows and feels and loves.

This evening, sit quietly for a few minutes in a safe place. Paint a picture in your mind of God present with you. Just sit. Be comfortable. Know that God understands you and your life, joyful and sad, good and bad, and loves you deeply and completely. Just sit. Breathe. Embrace God's love and love God in return. Just for a few minutes. Tomorrow morning, do this again.

Blessings, Pastor Lorelei

## A Session Summary

I have received three sets of session minutes (January, February, and March) and have pulled out items that I thought the congregation would be interested in knowing

- The current session consists of Albert Jordan (class of 2019 1st term), Pamela Burgess (Class of 2020, 1st term), David Conejo (Class of 2021, 1st term), Anna Redsand (Class of 2021, 1st term, but with sadness we learn that Anna has resigned session and is moving at the end of April), Serena Robare (Class of 2021, 1st Term).
- The Nominating Committee will be chaired by Anna, and Serena will chair the Personnel Committee. Pam will be Commissioner to Presbytery and Serena will be the alternate.
- Sharna has been reviewing the UCC account and the scholarship committee will be expanded to include Lorelei, Marci Gomez, Barbara Paredes, and Heather Nasi
- The Nydam Family, Scott and Jennifer, have joined the church by Letter of Transfer.
- Church Work days have been designated for May 11 and September 21.
- David reviewed the insurance coverage for the church with Church Mutual and looks appropriate.
- The session agreed to add \$500 for travel to Rev. Kay's terms of call. This was left off by mistake.
- Use of the church for Heather Nasi's piano recital on May 4 from 2-5 pm for a piano recital and using the church off and on the week before for lessons on the church piano was approved. Heather will have the piano tuned.
- Some financial data:

January 31, 2019

Cash received:	\$12,833.55
Cash dispensed:	12,374.80

February 25, 2019

Cash received:	\$5,514.00
Cash dispensed:	6,777.66

March 25, 2019

Cash received:	\$8,037.18
Cash dispensed	9,203.21

Available checkbook balance: \$7,647.63

Editor's Note: As you can see from the above numbers, the church's spending for the last two months is beyond its income. There has been some extra expenses recently. So if you are behind on your pledge, please make an effort to catch up.

- Next session meeting: Wednesday, April 24, 2019



Mariah Howard on 03/03/2019. Mariah is the WPC Webmaster, and posts the audio files of the Sunday sermons each week, and keeps the web site up to date.



Doug and Ken, long time friends of WPC visited March 3 and shared the potluck with us.



# House Concert at WPC

## C. Daniel Bowling

### Folk Singer



Saturday night, March 9, Westminster Presbyterian Church hosted C. Daniel Bowling, folk singer, as part of the House Concert Series that WPC is doing. About 30 people attended an enjoyable evening of song, music, stories, and just plain fun. It was great. Much thanks must be given to Tom Funk, who has the connections, and arranged for Bowling to play for us. After expenses this concert brought in \$335 for the church general budget.

### Pictures from the concert:



Rev. Lorelei Kay begins with a welcome and prayer.



Tom Funk, arranger of the House Concert, introduces and welcomes Ellen and Daniel Bowling before the concert began.



Mr. Bowling's equipment, an antique banjo, and very heavy guitar/banjo that was designed to project sound, his two guitars, and a high tech sound system that projected his music without being intrusive, or even noticeable.



The sweet love song duet



Daniel tunes his antique 5 string banjo

## WPC Three Month Calendar

Please be aware that times and places may change  
after this publication date of March 30, 2019

March 31, Sunday	WPC Worship 10:30-11:30 a.m.
April 5, Friday	Lenten Study at WPC, 6:30 - 8:30 p.m. Chapter 5, "Giving Thanks"
April 6, Saturday	Nominating Committee, 10 a.m. at WPC
April 7, Sunday	WPC Worship 10:30 - 11:30 Personnel Committee meets after worship 2 p.m. at WPC a film showing of "Harvest of Empire"
April 10, Wednesday	7:00 p.m. Care Giving, Mission/Outreach at WPC
April 12, Friday	Lenten Study at WPC, 6:30 - 8:30 p.m. Chapter 6, "A Drama in Five Acts"
April 14, Palm Sunday	WPC Worship 10:30 - 11:30 a.m.  4:00 p.m. <b>Messiah Performance</b> , Easter Edition, First Methodist Church, free admission; by Red Rock Strings, Gallup community Choir, Rehoboth Cantabile
April 17, Wednesday	7:00 p.m. at WPC Property Committee
April 18, Maundy Thursday,	7 p.m. service
April 19, Good Friday,	7 p.m. Good Friday Taize' Tenebrae Service of Scripture, prayer, and song
April 21, Easter Sunday,	6:30 a.m. Celebrate the risen Christ on 'The Point' at WPC with song! Dress warmly.  10:30 a.m. Traditional Easter Service Share the sacrament of Communion in celebration of the resurrection of Jesus Christ, our Lord and Savior!
April 24, Wednesday	7:00 p.m. at WPC Session Meeting
April 28, Sunday	WPC "Surprise Sunday" Worship, 10:30 - 11:30 a.m.
May 1, Wednesday	7:00 p.m. Worship Committee
May 3, Friday	Rescheduled book discussion, " <b>Waking up White</b> " a study of privilege and race, Chapters 1-16 (through p. 92)
May 4, Saturday	Heather Nasi's Piano Recital at WPC, 2 - 5 p.m.

<b>May 5, Sunday</b>	WPC Worship, 10:30 - 11:30 a.m.
May 8, Wednesday	7:00 p.m. at WPC, Care Giving and Mission Outreach Committees
May 10, Friday	Waking up White book study, Chapters 17-33 (through p. 184)
May 11, Saturday	<b>WPC Work Day</b>
<b>May 12, Sunday</b>	WPC Worship, 10:30 - 11:30 a.m.
May 15, Wednesday	7:00 p.m. at WPC Property Committee
May 17, Friday	Waking up White book study, Chapters 34... Tell me what to do (p. 254)
May 18, Saturday	Presbytery's Mission Networking Committee is putting together a program here at WPC for May 18 on the <b>Doctrine of Discovery</b>
<b>May 19, Sunday</b>	WPC Worship, 10:30 - 11:30 a.m.
May 22, Wednesday	7:00 p.m. at WPC Session
<b>May 26, Sunday</b>	WPC Worship, 10:30 - 11:30 a.m.
June, July, and August	Rev. Lorelei Kay will be on sabbatical
<b>June 2, Sunday</b>	WPC Worship, 10:30 - 11:30 a.m., Rev. Dr. Sharna Sutherin
June 5, Wednesday	7:00 p.m. Worship Committee at WPC
<b>June 9, Sunday</b>	WPC Worship, 10:30 - 11:30 a.m., Rev. Ken Cuthbertson
June 12, Wednesday	7:00 p.m. at WPC Care Giving and Mission/Outreach
<b>June 16, Sunday</b>	WPC Worship, 10:30 - 11:30 a.m., Rev. Dr. Sharna Sutherin
June 19, Wednesday	7:00 p.m. at WPC Property Committee
<b>June 23, Sunday</b>	WPC Worship, 10:30 - 11:30 a.m., Deborah Fabian
June 26, Wednesday	7:00 p.m. at WPC, Session
<b>June 30, Sunday</b>	WPC Worship, 10:30 - 11:30 a.m.

## Participation in the life of the Congregation

### Some Ways You Can Participate at WPC

We are working to develop “job descriptions” for the church! **We hope this will help you, our members and friends, get involved with things you are interested in.** The life of the church depends upon your active engagement, and your offering of time and skills. Please see if there is an area you would be willing to commit to supporting! Contact Pastor Lorelei with any questions, or to sign up. **For each job, you can tell us how often you’d like to volunteer, or you can give us specific dates when you are available, and we will get you on the schedule.**

**Worship Leader** – Lead worship, read Scriptures, pray – you will be provided with a Leaders’ Bulletin a day or two before the service so you can practice your part; arrive at least 15 minutes before worship (10:15 for most services) to do a mic check.

**Greeter/Usher** – Welcome people as they come to church, make sure they have a bulletin, show new visitors into the sanctuary and introduce them to one other person, then help them find a seat; for the offering, pass the offering plate then return it to the communion table; count and record attendance number; collect Fellowship Pad papers and put them in the office.

**Sanctuary Preparation** – Arrive half an hour before worship (10:00 for most services); make sure heat is on/windows are open (depending on the weather); unlock back door;\* turn on lights; light candles if requested; make sure hymnals and Bibles are distributed; turn on sound system; following worship, make sure all candles are out and stray bulletins are put in recycling.

**Communion Preparation** – Set the communion table with items from your home (instructions will be provided, and we have volunteers who will come help you the first time or two); prepare the bread and juice and put them on the table; after worship, remove everything from the table and clean up!

**Property Maintenance / Work Days** – Please let Mike Faz know if you have any specific expertise to help out with property maintenance or repairs. If you are interested in participating in our bi-annual work days (next one is scheduled for Saturday, May 11) call or email Mike to get on his volunteers list. There are a variety of tasks to choose from, depending on the amount of time you have and your abilities, so let us know!

\*Editor: Remove chain from the crash bars, then after the service please replace the chain **tightly**. This is to prevent an intruder from crawling through the crack between the doors. Thanks.

### Property Management Team

The Property Management Team is compiling volunteer opportunities for our Spring Clean Up Day scheduled for May 11th, 2019. Please stay tuned for a sign-up sheet that will be posted in the next couple of weeks.

Mike Faz

### UCCC SCHOLARSHIP AWARDED TO PHARMACY STUDENT

William Strickler received the United Congregational Church of Christ scholarship for this semester. He is a junior in the Pharmacy College at the University of New Mexico.

He is the son of Marge & Chas Strickler & a member of Westminster Presbyterian Church.

Heather Nasi

## Health Security Plan Update

### What Happened?

The health security bill did not pass either the New Mexico House or the Senate during the recent legislative session. But money was allocated to see if the plan is financially viable, and a memorial directing the Legislative Finance Committee to conduct a fiscal analysis of the Health Security Plan was passed by the House.

### Briefly, What is the Health Security Plan?

- It is a plan for financing the medical care of all New Mexicans into one large insurance pool. The risk is shared and administrative costs are reduced.
- It will enable New Mexico to set up its own health plan with input from diverse New Mexicans in every corner of the state.
- It shifts private insurance to a supplementary role, as Medicare did when it was first established in the 1960's.
- It sets up our own health plan that covers most New Mexicans. Exclusions are active duty military, along with federal retirees who will maintain their own plans. Tribes and health plans covered under ERISA\* will have the option to join the plan. All other New Mexicans will be covered under the plan. Residency requirement is one year. (\*ERISA - The Employee Retirement Income Security Act of 1974 is a federal United States tax and labor law that establishes minimum standards for pension plans in private industry. It contains rules on the federal income tax effects of transactions associated with employee benefit plans. *Wikipedia* )
- It creates an independent, non-governmental commission to administer the plan. This citizens' commission is geographically representative and publicly accountable.
- It maintains the private health care delivery system.
- It does not require new taxes. The plan is paid for by combining existing public dollars spent on health care (Medicaid and Medicare) with income based on premiums and employer contributions, both of which are capped.
- It guarantees care coverage for all eligible New Mexicans (see exclusions above), regardless of age, income, employment, or health status.
- It gives freedom of choice for health care provider and hospitals, with no networks, even across state lines.
- It covers comprehensive services at a level no less than those offered to current state employees.
- It provides protections for retirees so they will not lose what they already have.

### What is next?

By January 2021 when the next long session of the NM Legislature meets, hopefully the fiscal study will be done. All indications are that this will save huge (billions) amounts of dollars. The Legislative Finance Committee must gather New Mexico-specific cost data. A proposal to the Robert Wood Johnson for a grant to do the study, which was turned down, has details about what is needed in the data collection. There is now \$386,000 earmarked to do the study.

The Health Security Plan Campaign must continue to educate residents of New Mexico about what the plan is and accomplishes, because when the study is finished the bill will need to return to the legislature to be passed by the House, the Senate, and be signed by the Governor.

It is anticipated that there will be "dis-information" arising to try and squash the growing interest in the Health Security Plan, and so education is vitally needed to counter such "fake news" about what the plan will accomplish.

Remember that the current system is unsustainable and is leading us toward disaster. Much detailed information and a copy of the plan itself is available at ([www.nmhealthsecurity.org](http://www.nmhealthsecurity.org)). And, of course, Kathy and I are eager to explain to anyone the benefits of this proposed major change in how medical care is financed in our state.

John Mezoff

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## Southwest Winds

Southwest Winds is published  
to report on church activities  
and to be another medium of communication between members and  
friends of WPC  
Editor and Publisher, John Mezoff Editor, Kathy Mezoff

### **Westminster Presbyterian Church (USA)**

is located a mile south  
of the intersection of Historic Route 66  
and Boardman (State Highway 564) on Boardman Drive  
Gallup, New Mexico

Sunday Morning Worship is at 10:30 AM  
The Church Telephone is (505) 905-3247  
The Church Website is <[www.wpcgallup.org](http://www.wpcgallup.org)>

